

WALLACE MEMORIAL PRESBYTERIAN CHURCH
NEWSLETTER

Serving God, Loving All.

October 2016

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*The Courage to Embrace the
Challenges Ahead*

October Worship



October Worship

"The Courage to Embrace the Challenges Ahead"

October 9th

Theme: A Healing Faith

Scripture Reading: 2 Timothy 2: 8-15

Scripture Lesson: Luke 17: 11-19

Young Disciples Time: *"The Thankful Leper"*

Message: *"The Source of Healing"*

October 16th: Communion Sunday

Theme: The Justice of God

Scripture Reading: 2 Timothy 3: 14-4:5

Scripture Lesson: Luke 18:1-8

Young Disciples Time: *"Persistence in Prayer"*

Message: *"An Act of Justice"*

October 23rd: Sacrament of Baptism

Theme: Justified by Faith

Scripture Reading 2 Timothy 4: 6-8, 16-18

Scripture Lesson Luke 18: 9-14

Young Disciples Time *"The Pharisee & The Tax Collector"*

Message *"The Claim of Mercy"*

October 30th - Reformation Sunday

Pulpit Supply: Paul Humphrey- Program Director for Disciplemaking and Outreach Crestfield Camp & Conference Center

Theme: Disciplemaking

Young Disciples Time: *"Big or Small – It Doesn't Matter at All"*

OCTOBER EVENTS

October 1st - 23rd

**South Hills Interfaith Ministries
Coat Drive**

*Please leave coats on the coat racks
across from the Transept*

Every Monday Afternoon

**Pittsburgh Sings: A Parkinson's
Choir**

1:00pm - 2:30pm

The Choir Room

Sunday, October 9th

New Member Luncheon

11:45am - 12:45pm

Fellowship Hall

Friday, October 14th

**Flugelhorn and Trumpet Recital
Featuring Donald Duncan**

12:30pm

The Wallace Sanctuary

Sunday, October 16th

The Wallace Soul Series:

**Clear and Change Your Chakras
Featuring LuAnn Cibik**

6:30pm

The Chapel

Monday, October 17th

**Substance Abuse in the South Hills
Forum**

Featured Panelists

6:30pm

*Christ United Methodist Church
Sanctuary*

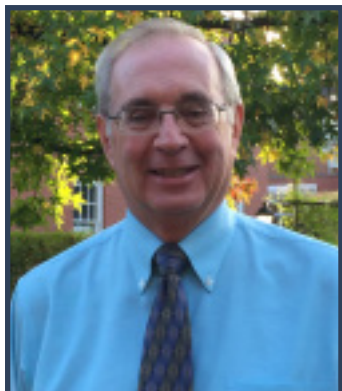
Saturday, October 22nd

New Worship Service

5:00pm

The Wallace Sanctuary

Pastor's Corner



"The Courage to Embrace the Challenges Ahead"

the results to change. It will require a renewing of our understanding of discipleship and learning how to engage the culture we are now encountering rather than the past age of Christendom.

This challenge requires courage! The courage to trust God as we navigate new and unfamiliar territory. The courage to forgive as we experiment with new techniques, knowing we will experience failure. The courage to change as we will be transformed by what we encounter, individually, organizationally, and congregationally. The courage to connect with the culture around us and before us, that we might learn how to share the gospel anew with those the Lord sends us to "go to" in his name.

The temptation is to return to the "glory years" in our minds rather than create a new sense of adventure and embrace the "glory yet to come" in our hearts. We have already undergone some transitions in the last several years including, a new mission focus, staff changes, and congregational membership. We can anticipate further instability as we continue to move forward in our understanding of what it means to "Serve God, Loving All" as disciples of the Kingdom of Jesus Christ in this emerging age of the church. As the months ahead unfold, let us become courageous disciples as we continue to be a Discovery Corp for the future of our congregation, our community, and for the Kingdom of Jesus Christ

Peace,
Pastor Dennis W. Molnar

P.S. During the upcoming months we will be undertaking the task of chang-

ing the name of our congregation. There will be opportunities for you to submit suggestions and express your preference for a new name. Please look for your opportunity to submit your suggestion in the upcoming weeks.

During the course of the last year I have been reading the book, ***Canoeing the Mountains*, by Tod Bolsinger.** It is based on the challenges that Meriwether Lewis and William Clark faced in exploring the Louisiana Purchase. The popular thought was that by exploring the Missouri River they would discover the source to be close to the Pacific Ocean and that an easy waterway of travel from east to west would be established. Of course, once they navigated the Missouri River and found the source, they encountered the Rocky Mountains rather than an easy pathway to the Pacific Ocean. They had to choose, return to the familiar ways of navigation they were comfortable with or engage the challenge ahead and learn new ways to navigate the territory ahead. To do this they would have to learn new techniques and new ways of "going off the map" in order to move ahead with their exploration. They chose to move ahead and became the Discovery Corp.

Tod Bolsinger, sees this story as the current challenge for the western culture church, because of our world view and comfort with the familiar ways we navigated the past ministry and mission of the church. I believe Tod is accurate and that we need to learn how to explore the future of the church by embracing the challenge before us rather than continuing what we have been doing and expecting

Events and Announcements



CONCERT SERIES
Wallace Memorial Presbyterian Church
1146 Greentree Rd. Pittsburgh 15220

Flugelhorn and Trumpet Recital
featuring
DONALD DUNCAN
Friday, October 14th
12:30pm • Wallace Sanctuary

2016-2017 Concert Series

Friday, November 11 -
Gloria Christophano,
flute,
12:30pm

December - No Friday
Concert

Friday, January 13 -
RiverSong Mandolin
Ensemble
12:30pm

Saturday, February 4 -
Voces Solis
7:00pm

Friday, February 10 -
Beckie Balzyk, soprano
12:30pm

Friday March 10 -
Jami Bale, violin
12:30pm

April -
No Friday Concert

Friday, May 12th
Christine Clewell, organ
12:30pm

Saturday, May 20th
Three Rivers Ringers
7:00pm

Wallace Deacons are collecting coats for
South Hills Interfaith Ministries

Fall Coat Drive

September 25 – October 23rd

Please leave coats on racks in hallway outside the
transept.



SHIM is collecting new and gently-worn coats for
families in need in the South Hills. Last year, the
Fall Coat Drive collected and distributed coats to
more than 650 children and adults.

CHILDRENS' clothing especially needed!

Hat, gloves, and scarves are also welcome!

More information about SHIM's programs is
available online at www.shimcares.org



shimcares.org
5301 Park Avenue, Bethel Park, PA 15102
412.854.9120

Events and Announcements



Our new worship service begins this Fall...

Thank you for your survey feedback earlier this year regarding an additional worship service at Wallace! Based on your responses, we have developed a contemporary, Taizé style format that we be held every other Saturday at 5:00pm. The service will be conducted by elders and deacons of the church, and include guest speakers. It will be more interactive as we will hold open discussions on short videos, and engage in labyrinth walks. Each service will revolve around Preparing for the Word, Engaging the Word, and Responding to the Word.

Come kick-start this exciting new offering to the congregation on Saturday, October 22, at 5:00pm!

Help the Wallace Food Pantry Prepare for the Holidays!

The Wallace Food Pantry is already preparing for the up-coming holidays! Our number of client families has been growing rapidly, and we expect that an all-time high number of families will be served in November and December. To help us provide special holiday food and gifts for each family, the Pantry is seeking donations of boxed or bagged potato mixes; all-in-one dessert mixes (not requiring separate icing or other ingredients); holiday gift bags of all sizes, except extra small; and any new books, CD's, DVD's, games, or toys. We are also requesting donations of \$15 Giant Eagle gift cards to be given to families for the purchase of meat, fish, or poultry for their holiday meals. Any food or gift items can be left on the table by the food pantry, or in the cart on Food Pantry Sundays (the last Sunday of each month). Please leave gift cards in the Church Office with the notation "Food Pantry," or give them directly to Sally Petro. Your generosity will enable our neighbors in need to know your care and God's compassion for them during the Thanksgiving and Christmas holidays!

Attention Wallace Food Pantry Volunteers!

Please mark your calendars for Sunday, November 13 at 12:30 p.m. for the Volunteer Appreciation Luncheon at Peter's Place Restaurant on Route 50 in Bridgeville. You will receive a written invitation by mid-October. Plan to join us for fellowship, reflection, music, and celebration of another year of ministry to our hungry neighbors in need!



Welcome Sean Boehm New Facilities and Project Manager

We are pleased to welcome to our Leadership Team, our new Facilities and Project Manager, Sean Boehm. Sean began his duties October 1, and is embracing his new service to the Kingdom of Jesus Christ. If you have a facility need, please contact Sean (e-mail sboehm@wallacememorial.org)

Fall Building Improvements

You will notice a variety of building projects unfolding this fall to upgrade our facility: Renewal of the brick and stone columbarium in the courtyard • New hardscape concrete and stonework in the courtyard. • New windows installed in the sanctuary. • Renovation of the transept area of the sanctuary. • Installation of screen monitors in the sanctuary.

Events and Announcements



President Obama Proclaimed September 2016 as National Alcohol and Drug Addiction Recovery Month

In response to September being National Alcohol and Drug Addiction recovery month our friends at **Christ United Methodist Church in Bethel Park** are hosting the below forum in their Sanctuary...



Substance Abuse in the South Hills *Exploring the Issue; Offering Hope*

Monday, October 17, 2016

6:30pm: Resource Tables

7:00pm - 8:00pm: Panel Discussion

Christ United Methodist Church

44 Highland Rd • Bethel Park Pa, 15102

Panelists: Rev. Keith Kaufold (Eighth Ave. Place/United Methodist Church) • Chief Timothy O'Connor (Bethel Park Police) • Dr. Owen Traynor (Medical Director at St. Clair Hospital) • Director Nora Helfrich (Tri-Community South EMS) • The Rev. Canon Dr. Jay Geisler, Episcopal Diocese of Pittsburgh / The Oasis Recovery Center & Clear)

For more info call Debra Bates, Director of Health Ministries, (412) 835-6621, extension 127.

The "Spiritual Malady" of Addiction...

Addiction is on the rise in America, with a staggering 23.5 million people who suffer with a chronic dependence on drugs or alcohol. That is equivalent to the population of Texas, or 1 in 10 Americans over the age of 12. Coupled along with these alarming statics are the dramatic increase in opiate related overdoses, and the fact that 4 out of 5 new heroin users started out using prescription pain killers. (According to statistics found on Drugfree.org)

Many addicts and alcoholics face stigma due to debate and misconceptions that addiction is a real disease. It truly is a complex beast however, having roots in us physically, mentally and especially spiritually. The spiritual element is often not addressed by conventional medicine, and is relatively unknown by general society. However, the spiritual element of the disease is the basis of which 12 Step Programs have been founded.

As a Christian church we would be remiss if we did not discuss how addiction is soul sickness, and why sufferers who participate in 12 Step Programs, in conjunction with mental and physical treatment, are often able to conquer their disease. For some, it is the 12 Step Program that worked when nothing else did.
(continued on the next page)

"...for we have not only been mentally and physically ill, we have been spiritually sick. When the spiritual malady has been overcome, we straighten out mentally and physically."

- Bill Wilson, Co-Founder of Alcoholic's Anonymous

Feature Article



The "Spiritual Malady" of Addiction (continued)

In order to fully understand and heal addiction, it is best to view it as rooted in the spirit. It will either rise up to affect the mind and body, or it is possible for addiction to start in the body. Men and women can simply start out drinking because they like the way alcohol makes them feel, for instance, but true addiction will spiral and take root in the spirit. Therefore, attacking addiction at a spiritual level will break it apart much like an asteroid hit by a missile. The mental and physical aspects of addiction are too complex to define in the confines of this article, so we will focus only on the spiritual.

It is also important to note that no matter what the drug of choice - be it nicotine, alcohol, stimulants, hallucinogens or opiates - the underlying illness is still the same. Addiction can also manifest in the form of compulsive overeating, out of control spending, sex or gambling because a person becomes addicted to the brain chemicals those activities stimulate. These behaviors also can consume a person mentally, as they desperately reach to the outside world to fill themselves up, rather than trying to find peace and serenity within.

In Luke 17: 20-21, Jesus said, ***"The kingdom of God does not come with observation; nor will they say, 'See here!' or 'See there!' For indeed, the kingdom of God is within you."*** One popular interpretation of this scripture is that Jesus was telling us you

will find God's Kingdom, if you look inward, starting with your own heart and soul. If we have enough grace to let God in, we will be fulfilled from within ourselves instead of reaching outside of ourselves to fill what feels like mysterious void. Many people experience it as a strange emptiness they can't quite put their finger on, but consuming things like alcohol, sex, material goods and food seem to temporarily fill this void and make us feel better, more satisfied.

Now the need for things such as food, sex and provisions are natural, God-given instincts our survival depends on, but in the addict these instincts have gone awry, which is part of the spiritual malady. As stated in AA literature, "Yet these instincts, so necessary for our existence often far exceed their proper functions. Powerfully, blindly, many times subtly they can drive us, dominate us and insist upon ruling our lives." This is certainly not what God intended and is a catalyst for becoming broken spiritually.

The concept that "happiness is an inside job" and making sure our instincts stay in check is a tall order for most human beings, let alone addicts and alcoholics, as on a spiritual level addiction is often described as "self-will run riot". Though this is not to say that addiction can be controlled by the sufferer, it may have started as self-will run riot, but it soon grows much bigger than we are, tyrannizing us physically, mentally and spiritually. Therefore it will take a "power greater than ourselves" to remove it.

The good news is that there is a solution, and it is the "spiritual toolkit" provided by the 12 Steps. They are actually a spiritual journey, that would tremendously benefit anyone to embark on, drunk or sober. It is designed step by step, to remove the most common things that block our connection to God, and prevent us from being spiritually fulfilled from within, so we no longer to rely on things outside ourselves. We instead are filled with the "Sunlight of the Spirit". You can imagine a pipeline running between you and the Divine, and the 12 Steps, which are similar Christian principles, unclogging this pipeline.

It is important to note that the 12 Steps are the same across all 12 Step programs - Alcoholics Anonymous, Narcotics Anonymous, Over Eaters Anonymous, for instance, but are commonly referred to as the 12 Steps of Alcoholics Anonymous. AA was the first program of this kind, and the steps were developed by it's founders Bill Wilson and Dr. Bob Smith. These programs, though extremely spiritual in nature, do not ally themselves with "any sect denomination, or religious institution", so as not to exclude anyone.

The only requirement for membership in a 12 Step Program is a desire to quit your addiction, and they ask that you are open-minded and willing enough to come to rely upon God as you understand God. As stated in the literature, "Remember that we deal with alcohol (insert any addiction) - cunning, baffling, powerful! Without help it is too much for us. But there is One who has all power- that One is God, May you Find him Now!"

The journey, though a simple one to understand, is spiritually strenuous.

Youth Ministry



(continued from page 7)

However, as AA encourages, it can be completed by anyone who is willing to be rigorously honest. For it involves an admission of defeat, the willingness to turn your will and life over to the care of God, a fearless and searching moral inventory, the smashing of one's ego, confessions of our short comings, making amends to those we have harmed, and serving others. However, the rewards are great.

The Big Book of Alcoholics Anonymous, states it as follows on page 25, "... there was nothing left for us but to pick up the simple kit of spiritual tools laid at our feet. We have found much of heaven and we have been rocketed into a fourth dimension of existence of which we had not even dreamed."

All of these concepts were summed up beautifully by Mike L., a sober AA member when he said, "This 'fourth dimension', which we find out in the 10th Step is the 'world of the Spirit', takes us beyond the physically, mental, and emotional dimensions of life - and eliminates the selfishness (ego) of the 'spiritual malady.' The term 'spiritual malady' does not mean that our 'spirit' is sick. It simply means we are spiritually blocked off from the Power of God, which enables us to remain sober, happy, joyous, and free."



This continues to be an exciting time of renewal at Wallace Church as we focus on "Serving God, Loving All." We also hope your faith needs are being met. To answer questions you might have about church membership, a lunch, followed by an information session, will be held on Sunday, October 09, downstairs in Fellowship Hall. We will begin at 11:45 a.m. after the worship service. This time is strongly recommended for anyone who might be considering Wallace Church. If interested, e-mail John Gottshall, foxgott@aol.com, and notify him you would like to attend.



Join us for an Interfaith Thanksgiving Celebration

The community is cordially invited to an Interfaith Christian Thanksgiving Service at Wallace Memorial Presbyterian Church, 1146 Greentree Road in Green Tree, on Monday, November 21, 2016 at 7:30pm. Local congregations participating include Saint Simon and Jude Parish, Covenant Community Presbyterian Church and other neighboring congregations! The service will be preceded by a light Celebration Supper at 6:00pm in Fellowship Hall at Wallace Memorial which is also open to the community (a free will offering will be accepted). **Reservations for the supper can be made by calling Wallace Memorial Presbyterian Church office at 412-561-2431 or filling out our online**

registration form at <http://wallacememorial.org/thanksgiving2016/> by Monday, November 14.

Music Ministry



New This Fall

A Chiorchime Choir for Fall

Thursday rehearsals for the Intergenerational (Ages 14+) fun are from 6-7 in the sanctuary. A family commitment is a fun way to learn together and share a ministry! We had hoped this choir would have been filled by now, but have lost a few sheep along the way..... although this is sad, it allows room for you to reconsider! Think outside the box and let God guide you into a new ministry! Help Sandy by expressing your interest today, so we can be sure that we have a full ensemble for others' listening pleasure. Without your help, we may not have the bells. Take a risk and dare to have fun!

Children's Choir Sundays After Church - Grades 1-5

This will involve musical games, Orff instruments, rhythm instruments and learning about the special instrument that God gave each of us: our VOICE! The Children's Choir will sing approximately once a month, beginning in October. All parents will receive a list the first day of rehearsal, as to our participation in particular services. Invite your friends and come for this fun rewarding time of stickers, prizes, singing games and fun to be had by all! Practices are SUNDAYS after our church service, in the choir room!!!

OCTOBER will be BRING A FRIEND MONTH: (automatically get into the prize box!)

I will bet that a neighbor or school friend would like to come have fun and learn about God's grace too!

Adult Choir rehearses from 7:00-8:30 each Thursday night in the choir room. I'll bet you didn't know that they party once a month!!!! Each month we celebrate one night after choir. Our musical offerings are participating with the other choirs as well: Children's Choir, the bells, instrumentalists!

We are always looking for NEW members. Stephen is anxious to work with you in fulfilling your bucket list of singing with the angels at Wallace!

Remember that if only the most beautiful songbirds of the forest sang, then the forest would be pretty quiet. But, when we put our strengths together; we have a rich sound. YOUR voice is needed!!

ALL Instrumentalists needed!! Contact Sandy @ 724-994-8872 with your interest. Make a joyful Noise with a choir, with the organ, with the piano, with another instrumentalistthe sky is the limit!

The Wallace Soul Series



LuAnne Cibik Returns this October! Clear and Charge your Chakras



Chak-ra -

noun

(in Hindu thought) each of the centers of spiritual power in the human body, usually considered to be seven in number:

1. Sahasrara - Crown Chakra
2. Ajna - Third Eye Chakra
3. Vishuddha - Throat Chakra
4. Anahata - Heart Chakra
5. Manipura - Solar Plexus/
Navel Chakra
6. Svadhishtana - Sacral
Chakra
7. Muladhara - Root Chakra

LuAnn Cibik conducted a previous workshop for the Wallace Soul Series in July that involved using the principles of Feng Shui to "Clear a Sacred Space for Your Life." Wallace members who attended remarked they found the workshop to be useful, and LuAnn herself inspiring.

LuAnn's workshops focus on tapping further into the spiritual dimension of our existence and engaging in practices to enhance positive energy in our lives.

On Sunday evening, October 16th, at 6:30pm in the Wallace Chapel, LuAnn will return to conduct a new seminar relating to Chakras:

Clear and Charge your Chakras (2 hours)

The ancient Ayurvedic practices speak of the energy centers within your body, called Chakras. These centers empower different aspects of life, through your physical health, creativity, will power, compassion, communications, intuition and connection to the Divine. In this empower workshop, learn what each chakra does, how it relates to vibrations of color and sound, and how on a daily basis you can recharge and empower these storehouses. Then enjoy a Crystal Singing Bowl Chakra clearing session, using quartz crystal bowls that have been attuned to the vibration of each chakra area. With the use of a powerful guided visualization to call in your angels and guides you will leave this session feeling clear and empowered.

LuAnn Cibik is one of the few worldwide Master Educators of Interior Alignment®. She is an Advanced Soul Coaching® Practitioner, Gateway Dreaming® Coach, and Master Oracle Card Reader. Her company Inner Harmony Feng Shui School offers feng shui and space clearing certification courses, workshops and events, as well as private consultations and coaching. She has worked closely with Hay House author Denise Linn since 2003 years, and is a key administrative member of the Interior Alignment® organization and the International Institute of Soul Coaching®. LuAnn is a regular host on the Interior Alignment® Weekly radio show, offering information that helps your home or office support your life, goals and dreams.

Birthday Fund 2016:

Raise the Roof!



The Birthday Fund is an opportunity to give back for the blessing of life, and to help us save for a rainy day! This year again the focus of the birthday fund will be "Raising the Roof!" During your birthday month, we ask that you consider giving one dollar for each year of your age in celebration of your years. But it is not limited to those celebrating a birthday during any given month - not at all! Do you see a name of a dear friend on the list below, or someone who has inspired you in your faith journey? Make a gift in honor of his or her birthday.

Gifts can be submitted on Sundays, using the blue envelopes located in the sanctuary pews (please indicate "Birthday Fund" on your check or envelope), or submitted at any time in person or through the mail - simply complete the form below with your info, and return it to the church office.

HAPPY BIRTHDAY TO ALL OF THOSE BORN IN OCTOBER!

10/1 Mildred Gardner
10/2 Rebecca Johnston
Philip Molnar
10/6 Dale Neubert
Shelby Wherry
10/7 Carol Moessinger
10/8 Niko Cox
10/9 Emily Addleman
Marijane Eibs
10/10 Linda Wolf
10/11 Lisa Goodworth

10/11 Sandy Rubright
10/12 Dawn Hicken
10/13 Kyle Hicken
10/14 Stephanie Borghetti
10/15 Kestrel Middleton
10/16 Margaret Addis
10/17 Geraldine Sullivan
Liam Donald
10/19 Samantha Donald
William Slater, II
10/20 Renee Sabolick

10/21 Foster Hartman
10/22 Wendy Charlton
Sue Neubert
Carolyn Esterly
10/23 Dr. Robert Faust
10/24 Ruth Volk
Paul Wren
Dot-Ann Sutter
10/25 Dee Paras
Nadine Mancini
10/26 Joan Jenkins
10/28 Mowbray Dapper
10/29 Linda Oberst
Terry Oberst
Jason Figorski
10/31 Chuck Addis
Jody Boehm
Amy Goelz
William Pini
Craig Esterly
Harry Graff

Yes, I am grateful for the blessing of life, and am happy to be a part of the Birthday Fund!

Name: _____

Gift Amount: _____

This is a:

_____ Gift for my birthday month

_____ Gift in honor of the birthday of:



Wallace Newsletter

"Serving God, loving all."

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Pittsburgh, PA 15220

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